



PHARMACY

Strategic Drug Exclusions

Drug exclusions limit expense for some or all lifestyle and over-the-counter drugs.

- Lifestyle drugs are loosely defined as a drug that might improve life, function or appearance versus a drug needed to cure or manage illness
 - Erectile dysfunction
 - Weight loss and hair loss
 - Acne and skin aging
- OTC drugs are not required under minimal essential benefits
 - Allergy drugs (Claritin, Flonase, Allegra, etc.)
 - GI drugs (Nexium, Prilosec, Prevacid, etc.)

Impact and Benefits:

- Estimates savings of 3-5% of pharmacy costs
- Focus medical plan expenses on medically necessary procedures

Drug Class	Excluded Medications	Preferred Alternatives
DERMATOLOGICAL Oral Agents For Rosacea	Doxycycline 40 MG Capsules	Oracea
Topical Acne/Antibiotic Combinations	Veltin	clindamycin/benzoyl peroxide, clindamycin PLUS tretinoin, Acanya, Onexton, Ziana
Topical Agents for Actinic Keratosis	Fluorouracil 0.5% Cream	diclofenac solution, fluorouracil 5% cream, fluorouracil 2% solution, imiquimod 5% cream, Carac, Picato

Exclusion of Lifestyle Drugs Drive Plan Savings